Lean for Healthcare An Overview

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Lean does not light a fire under people...it lights a fire within them

Matthew May



Why Lean?

- It is a philosophy a set of principles
- It's a great fit for healthcare
- It produces meaningful, useful, important results
- It provides the power to change an organization's culture





Is there a better way?



Image: Wikimedia. Public Domain.



Lean is

The systematic pursuit of perfection A discipline of incremental changes



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Lean transformation happens over time - 4, 5, 6 years or more

• There is no quick, easy way

- Lean is learned through experiences
 Clinical and Operational
- It takes practice, practice, and more practice



In order for Lean to succeed

- The entire healthcare team has to own it
 - Administrators
 - Middle Managers
 - Staff
- It must be evident in everyday work
- It must be embraced and practiced by everyone in the organization
- It must be expected
- It is not just one or two activities



"The significant problems we face cannot be solved at the same level of thinking we were at when we created them."

Albert Einstein

Why the Toyota Production System Model?

- Most successful auto manufacturer in the world
 - But, can it work for healthcare?
- Best record of introducing new technology
 - Healthcare has a technological imperative
- Best record of employee satisfaction
 - Important to have good employee retention in hc
- Relentless commitment to eliminating waste
 - We have LOTS of waste in healthcare
- One million suggestions a year/ 90% implemented
 - Who better to tell us what needs fixing than healthcare's front line workers?



Features of TPS

- Management is not top-down
 - The traditional healthcare model is "command and control"
- Employees are on the value side of the ledger (no lay-offs)
 - When there are budget issues in healthcare, usually the first thing that is cut is positions

Very few long meetings!



Recognize people who do the work as experts and allow them to create!



Image courtesy of Lean Healthcare West. Used with permission.

Imagine what would happen if a hospital empowered all of it's employees

- to identify problems/issues
- to identify barriers to good work
- to allow them to make the needed changes

The power of 1000!! 2000!!! More!!



Lean gives employees

- A purpose
- A direction
- A sense of belonging
- A sense of contributing
- A different way to think and work
- An opportunity to build a better work environment



Why Lean for healthcare?

Largest industry in America

- Cost in 2002: \$1.76 trillion
- Cost in 2009: \$2.5 trillion
- Projected to be \$4.5 trillion in 2019* (19.3% of GDP)

*Due to job losses and increased Medicaid recipients and growth in Medicare recipients as Baby Boomers retire. Medicare spending will grow 7.4% annually from 2011 to 2019



Total Health Expenditure per Capita, U.S. and Selected Countries, 2008



Source: Organisation for Economic Co-operation and Development (2010), "OECD Health Data", OECD Health Statistics (database). doi: 10.1787/data-00350-en (Accessed on 14 February 2011).

Notes: Data from Australia and Japan are 2007 data. Figures for Belgium, Canada, Netherlands, Norway and Switzerland, are OECD estimates. Numbers are PPP adjusted. 15



Demographics 76 million Baby boomers 42 million Gen-Xers Millenials Digital Natives

Why does Lean work for healthcare?

- Massive waste in healthcare
- Rock solid common sense
- Easy to learn/teach to frontline workers
- Easy to apply at the frontline where the work is <u>really</u> happening
- Improvement occurs with the first application



"Everything must be made as simple as possible...but not one bit simpler" A. Einstein Continuous Flow Roadblocks



What can we do with Lean in healthcare?

- Produce more DEFECT FREE healthcare
- Reduce/eliminate WASTE and have more time to take care of patients
- Improve WORKPLACE APPRECIATION
 better staff retention





Lean Strengthens Leadership

Consistent and reliable tools for middle and senior management

 Consistent communication of improvement efforts



Ask yourself...

Are there things happening to patients that should not be happening?

 Are there things not happening to patients that should be happening?



Defect Free

Exactly what the patient needs when s/he needs it

- Without errors
- Safe for everyone



The 7 Mudas

- Confusion
- Motion
- Waiting
- Processing
- Inventory
- Defects
- Overproduction





Clarifying physicians orders Medication reconciliation Wrong site surgery

Motion

Looking for supplies Trying to find a chart Multiple tests in various locations Nonsensical staffing assignments Not having all the equipment you need

Waiting

Waiting for appointments Waiting for transport to arrive Waiting for the surgeon to arrive so the case can start Waiting in an ED waiting room Waiting for discharge orders Waiting for meds to arrive



Not having meds you need in the Pyxis Complex and redundant paperwork Insurance nuiances

Inventory

Too much Too little Not the right things Not in the right places

To Err Is Human Building a Safer Health System Linda T. Kohn, Janet M. Corrigan, and Molla S. Donaldson, Editors Committee on Quality of Health Care in America INSTITUTE OF MEDICINE NATIONAL ACADEMY PRESS Washington, D.C.

Defects a.k.a. ERRORS

Over 100,000 hospital deaths due to errors each year

Medication errors Failure to rescue errors Incorrect identifications Wrong site surgeries Falls

Errors

Two large studies, one conducted in Colorado and Utah and the other in New York, found that adverse events occurred in 2.9 and 3.7 percent of hospitalizations, respectively.

Overproduction

Different people asking the same questions Multiple forms requesting similar information

IDEAL HEALTHCARE

- Exactly what the patient needs no more, no less
- On demand, exactly as requested
- No waste
- An immediate response to problems or changes
- Physically, professionally, emotionally safe for patients and staff



4 Rules in Use

Rule 1: All activities of work are specified according to:

- Content
- Timing
- Sequence
- Outcome



4 Rules in Use

Rule 2:

All connections in the request for a service or activity are simple and direct



4 Rules in Use

Rule 3: Pathways in the process of delivering the request are simple and involve as few steps and people as possible


4 Rules in Use

Rule 4: Improvement

- Direct response to a problem
- As close to the problem as possible (in time and person)
- All change is first tested as an experiment
- All redesign is done by those doing the work
 - Supported by a coach



The Scientific Method

All work redesign is based on DIRECT OBSERVATION OF THE WORK

• Changes done first as experiments



Socratic Method

- Observation includes asking the worker many questions:
 - How do you know how to do your work?
 - Are there clear signals that cue the work?

Do all workers do a task the same way?



A Basic Tenet of TPS

Deeply understanding how work currently happens is essential before trying to fix it!



To understand deeply, you must observe



GEMBA* WALKS - GO LOOK AND SEE

- See the situation with your own eyes
- Use your senses to absorb the qualitative side of the problem
- Experience the environment
- Immerse yourself in the issue



Gemba - The actual² place; the real place

Use an Observation Sheet Draw Spaghetti Diagrams



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- The more spaghetti, like the diagram, the clearer the need for redesigned work!
- Easy to see wasted time/travel when diagram is complete





Trauma Room Spaghetti Diagram

Nuclear Med - Treadmill

7:30 AM

The Old Way

11:15 AM



The New Way





Understanding the Work

Value Stream Mapping

- The view from 10,000 feet
- Looking at a specific process
- All activities are recognized as value added or non-value added
- Identifies *where* there are areas of inconsistency
- A springboard for a future state map



The Value Stream Map

- As soon as the request and process boxes are drawn we can start to see the *flow* of the work
- The objective is to fix problems with flow



The Value Stream Map

VSMs identify *every* way that a request can be made



Trauma patient coming to ED





The Value Stream Map

- When drawing a VSM, it is essential to follow the process at least once to understand how it really happens
- Validate your map with other workers to assure accurate mapping







Ways to use Value Stream Maps?

- To understand each step of a process
- To identify *where* there are problems
- To launch specific problem solving
- To orient new staff to the process
- To clearly describe the process to other departments/authorities





Future State Map

Use your CURRENT STATE VSM as a springboard for drawing your FUTURE STATE VSM

 What do you <u>want</u> the process to look like?



Project Management







Image: Wikimedia. Fir0002/Flagstaffotos. CC BY-NC.

Learning to see the trees for the forest



A3 Problem-Solving

"If you can't get your thínkíng on one page, you haven't really done your thínkíng." M May



Ask the right questions and the answers will come **easily**

Sue Sheehy



The Jefferson Memorial Story



Image: Wikimedia. Joe Ravi. CC BY-SA 3.0.

Frontline Workers and A3S

- Allows your organization to experiment more
- Get faster, meaningful results
- Learning occurs in the course of work
- Generator of ideas → clusters and possibilities
- Opportunities to cluster ideas into bigger ones
- A3s can be organization-changing



Selecting A3 Topics

- Select first priority area from value stream (current state) map
- Observe!
- Identify specific issues
- Prioritize and begin!



The A3 Process

• A view with a microscope

- A tool for "drilling" down into variation in the process
- Documentation of problem solving activity
- It tells the story visually



Common sense may be your enemy

- Always temper immediate "knee jerk" action with root cause analysis
- Resist drawing conclusions based on emotions
- Question hear-say
- Draw from experience, but do not rely on it

Taiichi Ono, Toyota



The A3 and The Pencil

- Lead is erasable. It gives you the opportunity to look at what you drew and make changes quickly
- You can focus on problem solving not on how to use the tool
- It's non-threatening when used as a boundary tool



Selecting A3 Topics

- Select from your *current state map* or...
- As soon as possible after a problem occurs



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Always state the issue through the eyes of the customer/patient

ISSUE Fiberoptic Endoscopes (FEs) are unavailable when needed because they are frequently broken or being repaired.



Background

Explain why this is an issue Include some measurements

BACKGROUND

From June 2003-June 2004, \$48,400 was spent repairing and replacing FEs



The Current Condition

Draw how the work happens now, from your observations Validate your drawing with affected parties for accuracy and buy-in





Add storm clouds as close as possible to where they appear on the graphic

What's wrong with the way this work happens now? What about this work is not Ideal?





Waste

Problem (Root Cause) Analysis

- Review the storm clouds; Consolidate the ones that are related to each other
- Use outline format and ask WHY? 5 times to get to the <u>root cause</u>

PROBLEM ANALYSIS

1.Anesthesiologists waste time searching for fiber optic endoscopes

a. Why? Fiber optic endoscopes are not always available
Why? FEs broken when slammed in drawers, dropped on floor, etc.
Why? No designated place for endoscopes
b. Why? They are placed on top of cart before and after procedures
Why? There is no way to tell if they are clean or dirty
Why? No designated location for clean scopes and dirty scopes

 Potential danger to patients
 Why? Confusion as to which endoscopes are clean and which are dirty Why? No designated location for clean scopes and for dirty scopes




Root causes are <u>actionable</u> items

Most of the time root causes can be attributed to something <u>not</u> being specified (Lean Rule #1)



Why the left side is completed first

Stupidity is having and answer for everything

Wisdom is having a question for everything



Thousands of people saw the apple fall...



Image: Library of Congress. Public Domain.

only Newton asked "Why?"

ISSUE Fiberoptic Endoscopes (FEs) are unavailable when needed because they are frequently broken or being repaired.

BACKGROUND

From June 2003-June 2004, \$48,400 was spent repairing and replacing FEs

CURRENT CONDITION



PROBLEM ANALYSIS

1. Anesthesiologists waste time searching for fiberoptic endoscopes

Why? FES are not always available

Why? FES are broken when slammed in drawers, dropped on the floor, etc.

Why? They are placed on top of the anesthesia cart before and after surgery Why? There is no secure location to put them on the anesthesia cart

2. There is potential danger to the patients' health

Why? There is confusion over whether or not FEs are clean or used

Why? There is no designated location for clean FEs and used FEs on the anesthesia cart



COUNTERMEASURES

 Put two tubes (PVC pipe) on the anesthesiologists' cart for FEs. Designate one tube for clean FEs and one for dirty FEs

2. Contact sterile processing about tubes on the carts.

IMPLEMENTATION PLAN

What	Who	When	Outcome
Buy supplies for anesthesia cart tubes	Joe	July 15	All supplies available
Put tubes on cart and label "Clean" and	Joe	July 18	Tubes ready for use
Talk to sterile processing and OR staff	Joe	July 22	Sterile processing aware of new system

COST / BENEFIT

Cost	\$ \$ \$
PVC Pipe	\$5.50
Hardwear	\$4.10
Total Cost	\$9.60
Benefit	\$ \$ \$
No repair∕ replacement of F€	\$48,400
Increase patient safety	Quality and Compliance

TEST

One anesthesiologist will retrofit cart with inexpensive, marked tubing x two weeks, and report back.

FOLLOW UP

February 1, 2005 – Anesthesiologists have been using this system for six months, and have had no FE's



Where you can use A3 thinking

- 1. Specific problem-solving
- 2. Process redesign
- 3. Documentation of changes for regulatory bodies
- 4. Capital equipment purchase justification
- 5. Lean meetings
- 6. Employee evaluations
- 7. ????







BACKGROUND Majer traums patients often archie without identification back of identification rauces major delay in registering patient. without hospital registration number, lab blood bant, x-rays, etc. cannot be completed. Occurs 50 organ DOHN (JANE DOE BY TOHN (J	Ditx COUNTERMEASURES 1. Develop way to Ursently register potreat when pt i.d. not available -> Initiate "Trauma Numbers" to Sequentially register lide patients Develop way to Ursently register potreat when pt i.d. not available ->
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Delay registering John/Jane Does



ISSUE Too Many people in Trauma Room	TARGET CONDITION TOMOTOS TITLE Reducing # of Perple in Warnes
BACKGROUND Money people respond to a trauma I page falert. No everyone who responds have a specific rate in the resuscitation Occurs every time there is a trauma alert 7 difficult to dy + ty pt. CURRENT CONDITION	+ Control Street By X Rady RT - Cont
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Too many people in trauma room

why? Some as #4



ISSUE Needed supplies a caupinent and intrauma room	TARGET CONDITION		
	Dro-Tradi Paper work	TITLE All traumise	opplies in traumarcore
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BACKGROUND to most mojor trauma cases the nurse must leave		medite is	DATE March 30, 2004
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Needed supplies/equipment not in room



ISSUE A lot of excessive movement in trauma room

TARGET CONDITION

Reduce staff testel in traum

BY TYOUMS COMM DATE May 5, 04

BACKGROUND Physiciani, nurses, others traveling to numerous spots in trauma room to tind supplies, perform procedures, throw away CURRENT CONDITION Case. 10-14 major troume cases wie









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D CROT JAME			

Delays in obtaining O-negative blood ${}_{\!\scriptscriptstyle \rm S4}$



ISSUE Delay obtaining portable trauma films - CXR, CTL, KUB	TARGET CONDITION TITLE Delay obtaining portable x-rays
BACKGROUND Radiology Techs are usually standing by, but have difficulty integrating obtaining x-rays with other from procedu occuring CURRENT CONDITION	Incs
The set of	COUNTERMEASURES 1. Integrate X-rays into early accessent routine so appropriate dy can be don
How? Aun the Relayed Miles	IMPLEMENTATION PLAN what who when outcome
PROBLEM ANALYSIS 1. Delay cetting partoble x-rays Why? Statp all around pt. do mig things Why? Trying to DX +tx	1. Obtain 4 × 4 × 3th Carpentry April 10 Available for allow to allow for easy x-ray
2. Delayes or missed dragnosis white portable variants had drag up trail manual	2. Work with x-raytechs TNC April 20 theytechs know when films should be to determine appropriate when films should be true to sequence for xrays and traumatem
Why? Radiology tech cannot get close to patient Why? Staff all around patient doing things	 Justician Train a Rean that TADE April 10-20 mentiles avere COST BENEFIT/WASTE RECOGNITION COST COST BENEFIT/WASTE RECOGNITION 2 41×41×3Ft poords 149P - × Roug dire in timely maner 2 41×41×3Ft poords 149P - Timely diagnoses based in X-Rays Vacaishfur boards 600 Timely 2098
	FOLLOW UP FOLLOW UP Over brienth period, monitor timeliness of X ray results.

Delays obtaining portable x-rays - CTL, CXR, KUB



ISSUE Amotinico bleakdown in communication	TARGET CONDITION	TITLE OR BB, TIC	municity with
BACKGROUND Dung busy traums case, ponetimes very short- netice to DR. Tice Blood Bach : of Den Regarding ingert niede -> Connuncitor produm & delays protect care.	1××	TRAMMA PAGER DEEP DEEP "Intoming tRAUMA ETA II MINUTES"	TO BY DATE OR I CAN I CA
Han over the we	COUNTERMEASURES 1. Assign trauma pagers to 50 they receive notific		T B B therits
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Why? ED/Trauma staff busy with potent care why: No system is place to natify other departments	C. Email to Dir Communications re: adding Trai, DR, CT, BB	Tr. Hurse Coord - May 2, 04	All added to Nau Page Storp
- Delayed protectives Why? Key departments receive little notice patrent is coming to them - may not be prepared Why? No system in place to notify other departments.	check 2. Prepare instructoristo payroarciers not to call ED COST Dut to come thread in 4 pagers \$90 = 360 TEST TNC to follow up which of the	TY. NUTSE COORD. May 7, 01 hts COST BENEFIT/WASTE REC - Rapid recembe to t - Mare rapid carc - May U M + M is Implementation to verify receipt	All poper corriers understand process OGNITION rawma by needs of poper 2 to solicit feed
	Reps from TICU, OR, informational purposes	BB, CT INVIKE to monthly The + to resolve issues	was Meeting For
			ector anes

Breakdown in communication between ED and OR, ICU, Blood Bank, CT



ISSUE The amount of money being spent in the NICU on rental equipment exceeded the demand for rental equipment.

BACKGROUND

The NICU has 10 isolettes and the capacity of 12 newborns. The normal census is eight newborns. When the census exceeds ten newborns NICU rents isolettes.

In six months \$63,000 was spent on rental isolettes.

CURRENT CONDITION



PROBLEM ANALYSIS

- Rental isolettes are being used when hospital isolettes are available why? Rental isolettes are stored in the utility room after use why? All isolettes are the same model and look the same why? Rental isolettes aren't clearly marked as rentals
 Rental isolettes aren't returned to Biomed after use why? RN's can't easily recognize rental vs. hospital owned isolettes
 - why? No clear identification as rental
 - why? No defined process for returning isolettes



COUNTERMEASURES

- 1. Attach bright orange tags to rental isolettes when checked out of the bio-med department
- 2. Print directions for returning the isolettes on the orange tag

3. Half of the orange tag is retained in the bio-med department to track the rental equipment

IMPLEMENTATION

I	What	Who	when	Outcome
I	Create rental return instructions	Bío-med /RN	4/5/06	Instructions ready to print on tag
	Create orange tags to be attached to rentals	Bío-med /RN	4/10/06	Tags ready for use
	Orient bio-med/NICU staff on new process	Bío-med /NICU	4/15/06	New process implemented

COST / BENEFIT

Cost	\$\$\$
Biomed and RN staff time	4 hours
Tag materials	\$60
Benefit	***
Reduced rental fees (\$63,000 - \$27,800)	\$35,200

TEST

Use tags for six weeks. Monitor weekly for possible revisions.

FOLLOW UP

October 22, 2003: Two tag revisions made in six weeks. In the six months after implementation, s spent on rental isolettes.



Using Lean for Facility Design





Encourage Your Staff to Be Innovative

"Try to figure out a way to do something better that is has ever been done before."

> Dan Needham Former CEO Jet Blue



Identify Leadership Champions

- Senior Leadership Team member responsible for Lean activities
 - Who on your team will *own* this work?
- Physician champions
 - An Individual? A Committee?
- Informal Leaders
 - Managers, Supervisors, Staff



The Ideal Lean Coordinator

- Coordinates all Lean activities
- Based in the Quality/PI Department
- Has a deep understanding of the organization's philosophy, strategic plan, administration and management styles
- Communicates to SLT/Middle Managers/Staff
- Has great coaching and interpersonal





Instead of saying

Say, "No one knows this job better than you do! How can I help?"



Ideal Leadership Behaviors

- Coach and engage in the work
- Respect for all people
- Focus on the process
- Recognize and reward staff
- Lead by example
- Create a vision and make it happen!
- Commit to achievement of Ideal
- Stick to it for the long run
- Ignite a culture change in the organization





Where "good enough" <u>never</u> is



96

Lean does not líght a fíre under people ... ít líghts a fíre within them M May





to do the impossible" Walt Disney

So let's attempt the impossible...

Let's fix what's wrong with Healthcare!!!



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